

# Syllabus of the competitive examination to be conducted through the Commission for appointment to the post of Specialist Medical Officers (Psychiatry) under Bihar Health Services.

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Name of Post	- Specialist Medical Officer (Psychiatry)
Type of Examination	- Objective Type (Computer Based Test)
Time Duration	- 02:00 Hours
Number of Questions	- 100
Total Marks	- 400 Marks
Marks for Each Right Answer	- 04 Marks
Negative Marks for Each Wrong Answer	- 01 Mark

Question will be asked under following syllabus :

## **1. Theoretical Concepts :**

- a. Theory of personality and personality disorders
- b. Abuse (Physical/Sexual) or Neglect of Child/Adult
- c. Adjustment Disorder
- d. Anxiety Disorders (including Panic Disorders, Agoraphobia, Phobias, Obsessive-Compulsive Disorder, Posttraumatic Stress Disorder, Acute Stress Disorder, Generalized Anxiety, Disorder, etc.)
- e. Child Psychiatry
- f. Dissociative Disorders
- g. Eating Disorders (including Anorexia Nervosa, Bulimia Nervosa, etc)
- h. Electro-Convulsive Therapy

- i. Emergencies in Psychiatry
- j. Forensic and Legal Psychiatry (including Indian Lunacy Act, Mental Health Act, Persons with Disability Act, Narcotic Drugs and Psychotropic Substance Act)
- k. Mental Retardation
- l. Mood Disorders (including Depressive Disorders, Bipolar Disorders, Cyclothymic Disorder, etc.)
- m. Psychosis (including Schizophrenia. Schizophreniform Disorder, Schizoaffective Disorder, Delusional Disorder, Brief Psychotic Disorder, Shared Psychotic Disorder, etc).
- n. Psychosomatic Disorders
- o. Sexual And Gender Identity Disorders (including Sexual Desire Disorders, Sexual arousal Disorders, Orgasmic Disorders. Sexual Pain Disorders, Vaginismus, Paraphilias, etc)
- p. Sleep Disorders (including Insomnia, Narcolepsy, Breathing-Related Sleep
- q. Stress and related disorders
- r. Substance Related Disorders (including Alcohol-Related Disorders, Amphetamine-Related Disorders, Caffeine-Related Disorders, Cannabis- Related Disorders, Cocaine-Related Disorders, Hallucinogen-Related

Disorders, Inhalant-Related Disorders, Nicotine-Related Disorders. Opioid- Related Disorders, Phencyclidine-Related Disorders, Sedative, Hypnotic, or Anxiolytic-Related Disorders, etc.)

- s. Suicidemanagement and medico-legal aspect
- t. Rehabilitation of psychiatric patients
- u. Geriatric Psychiatry

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